

# Overview of New Approaches to Immunosuppression in Renal Transplantation

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**Mount  
Sinai**

# **Immunosuppression in the 1950's**

- ▶ Nothing

**Successful Transplantation Limited  
to Identical Twins**

# Immunosuppression in the 1960's and 1970's

- ▶ Azathioprine
  - ▶ Steroids
- ▶ Anti-Lymphocyte Preparations –  
Polyclonal

**Success – 50%**

# Immunosuppression in the 1980's

- ▶ Cyclosporine
- ▶ Azathioprine
- ▶ Steroids
- ▶ Anti-Lymphocyte Preparations – Polyclonal

**Success – 75 to 85%**

# Side Effects of Cyclosporine

- Nephrotoxicity
- Hypertension
- Hirsutism
- Gum Hyperplasia
- Hyperuricemia
- Diabetes
- Neurologic Side Effects
- Hepatotoxicity

# Side Effects of Steroids

- Infections
- Weight Gain
- Cushingoid Changes
- Joint Destruction – Avascular Necrosis
- Osteoporosis
- Diabetes
- Cataracts
- Growth Retardation
- Muscle Wasting
- Upper Gastrointestinal Bleeding

# Side Effects of Azathioprine

- Bone Marrow Suppression
- Hepatotoxicity
- Malignancy

# Side Effects of Anti-Lymphocyte Preparations

- Viral Infections
- Post-Transplant Lymphoproliferative Disorder



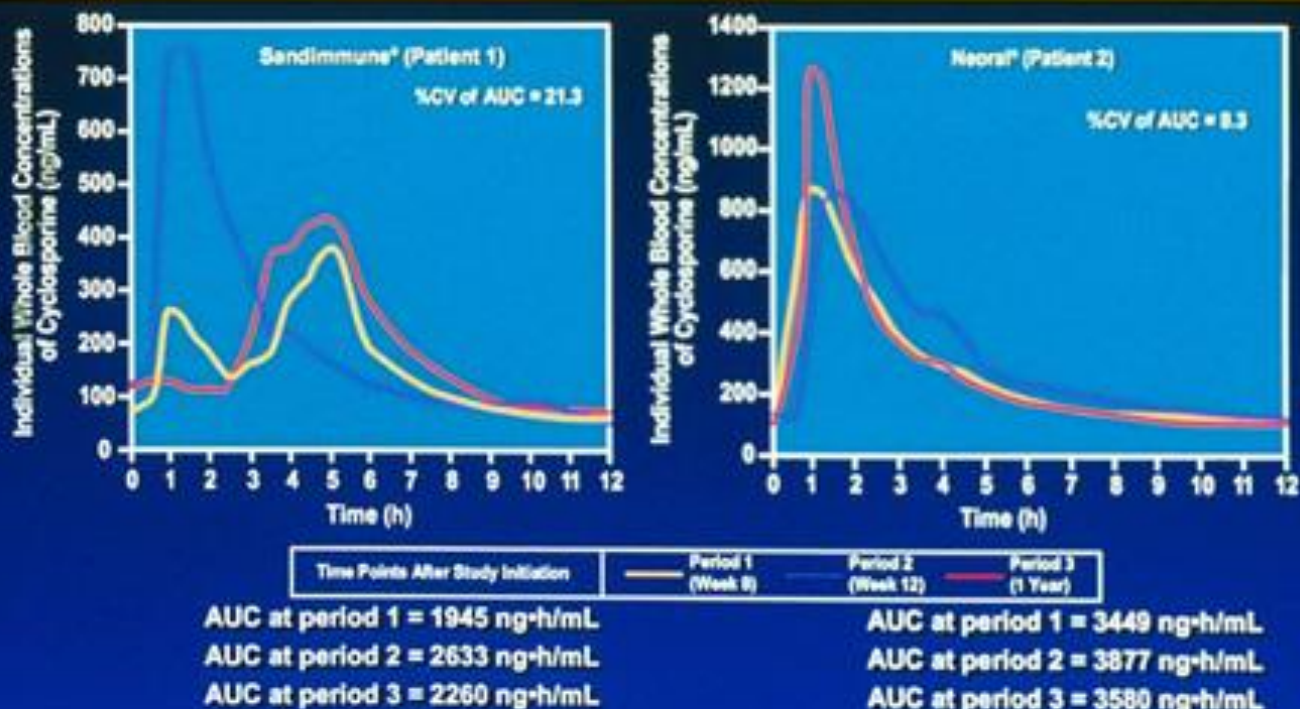
# New Immunosuppressive Agents Since 1994

- Cyclosporine (Micro emulsion)
- Tacrolimus
- Mycophenolate Mofetil
- Sirolimus
- Daclizumab
- Basiliximab
- Thymoglobulin
- Alemtuzumab
- Belatacept

# Cyclosporine (Micro emulsion)

- ▶ Less Variability
- ▶ ? ↑ Efficacy

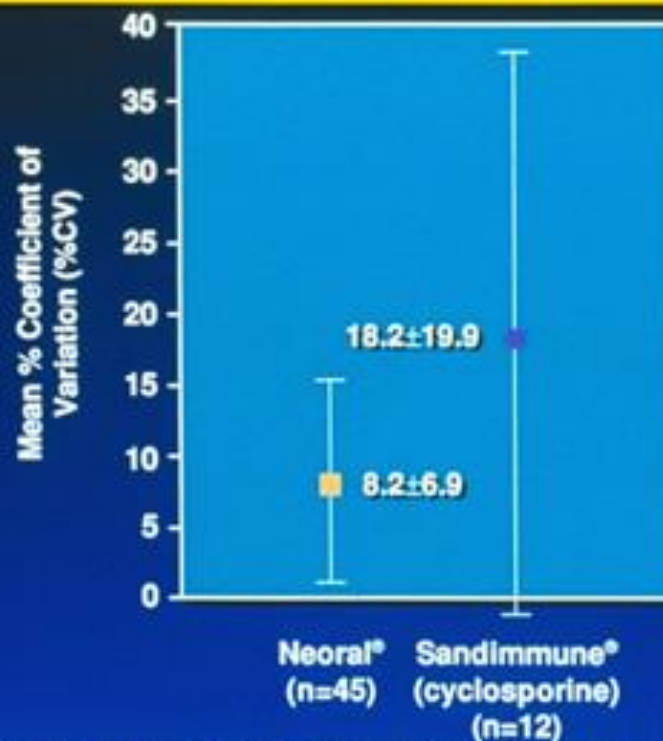
## NEORAL® (cyclosporine capsules and oral solution for microemulsion) SHOWS LESS INTRASUBJECT VARIABILITY IN CYCLOSPORINE EXPOSURE THAN SANDIMMUNE® (cyclosporine)



Blood concentration-time curves (AUCs) in a maintenance renal transplant recipient receiving Sandimmune vs a patient receiving Neoral.\*† Average time posttransplantation of patients in the study was 4.7 years (range 3.5 months–12.6 years).

\*From Sandoz Study OLM102. Data from an average patient (closest to the mean %CV of AUC) in the relevant study arm.  
†Intrasubject variability (%CV) of the AUC in individual studies of maintenance and de novo renal transplant recipients was 9% to 21% for Neoral and 19% to 26% for Sandimmune.

## NEORAL® (cyclosporine capsules and oral solution for microemulsion) REDUCES VARIABILITY IN CYCLOSPORINE EXPOSURE

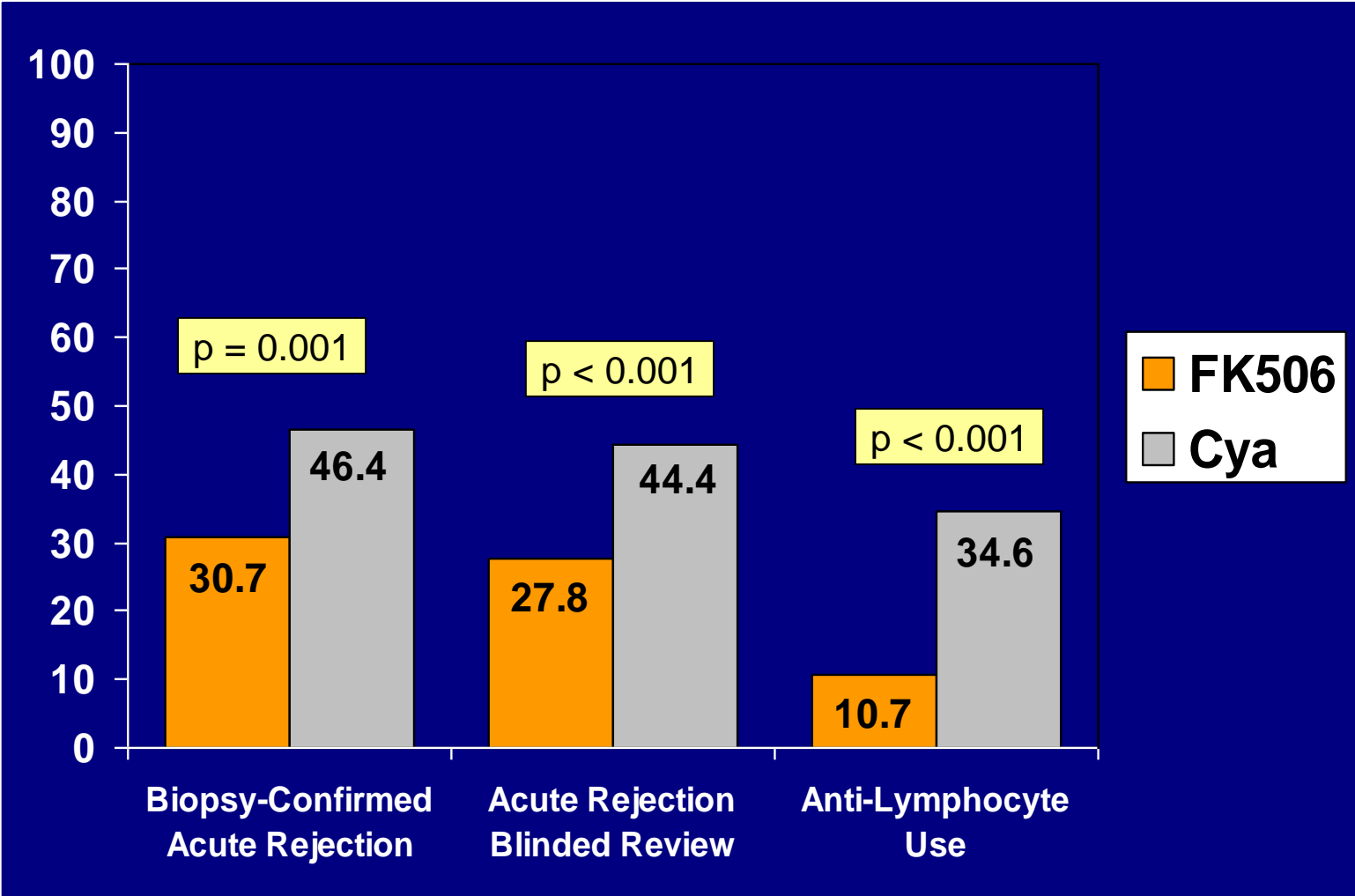


In maintenance renal transplant recipients: Intrasubject variability of drug exposure of Neoral vs Sandimmune®.\*

\*From Sandoz Study OLM102. In individual studies of both maintenance and de novo renal transplant recipients, the intrapatient variability of the area under the concentration-vs-time curve (AUC), as measured by percent coefficient of variation (%CV), has ranged from 9% to 21% for Neoral vs 19% to 26% for Sandimmune.

# FK506 – Tacrolimus (Prograf®)

# Acute Rejection



# Biopsy-proven Acute Rejection

	Tacrolimus		CyA-ME	
	N=286		N=271	
<b>Acute Rejection</b>	56	19.6%	101	37.3% *
<b>Steroid-sensitive</b>	30	10.5%	54	19.9%
<b>Steroid-resistant</b>	27	9.4%	57	21.0% *
<b>Antibody-sensitive</b>	14	4.9%	18	6.6%
<b>MMF Added</b>	8	2.2%	6	2.2%
<b>Switch of Cornerstone</b>				
<b>Immunosuppression</b>	1	0.3%	27	10.0% *
<b>Refractory Rejection</b>	4	1.4%	9	3.3%

\*  $p < 0.001$

# Tacrolimus (FK506) in Kidney Transplantation

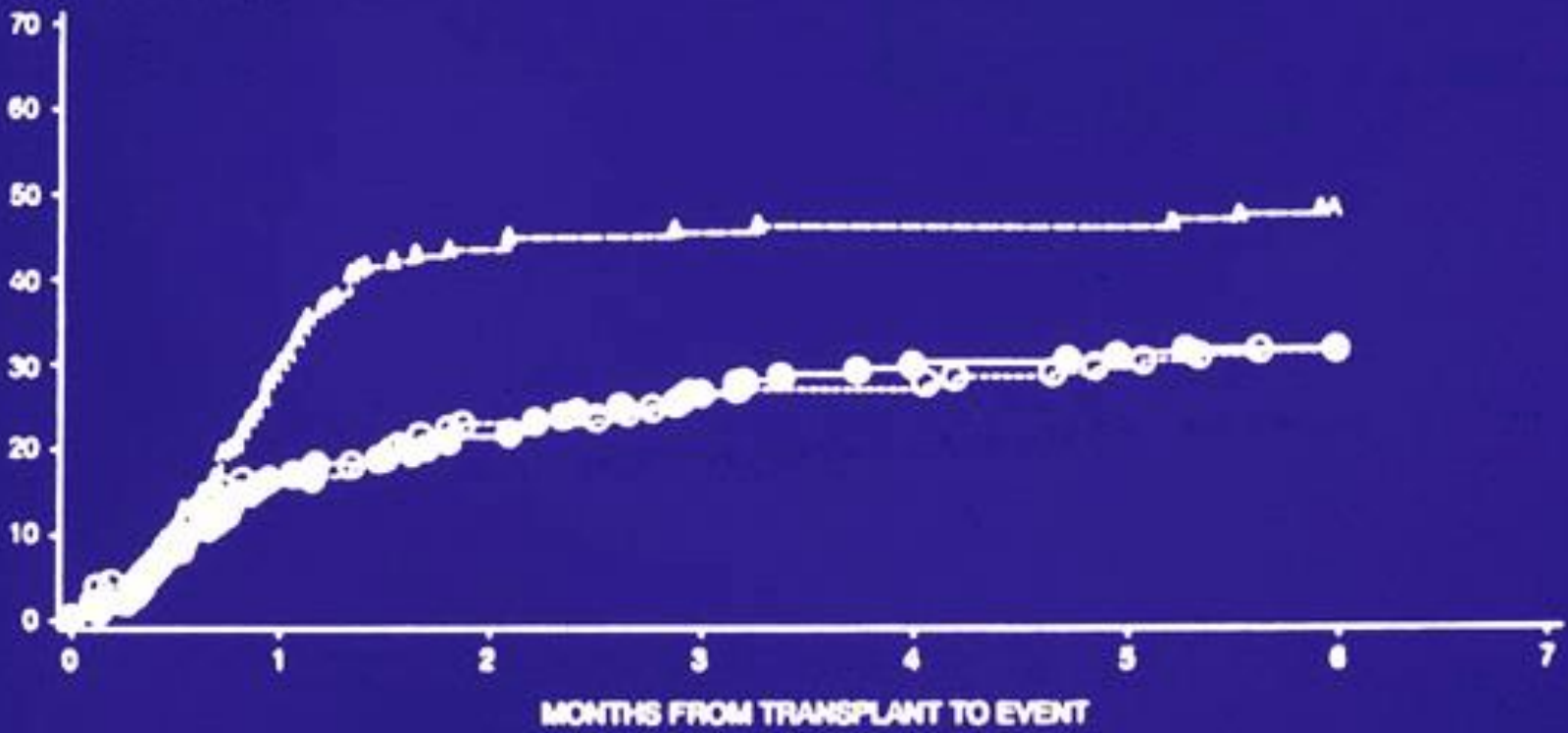
## Adverse Events

- ▶ Nephrotoxicity
- ▶ Neurotoxicity
- ▶ Diabetogenicity



# **Mycophenolate Mofetil (CellCept® - RS61443)**

CUM. INCIDENCE (%)

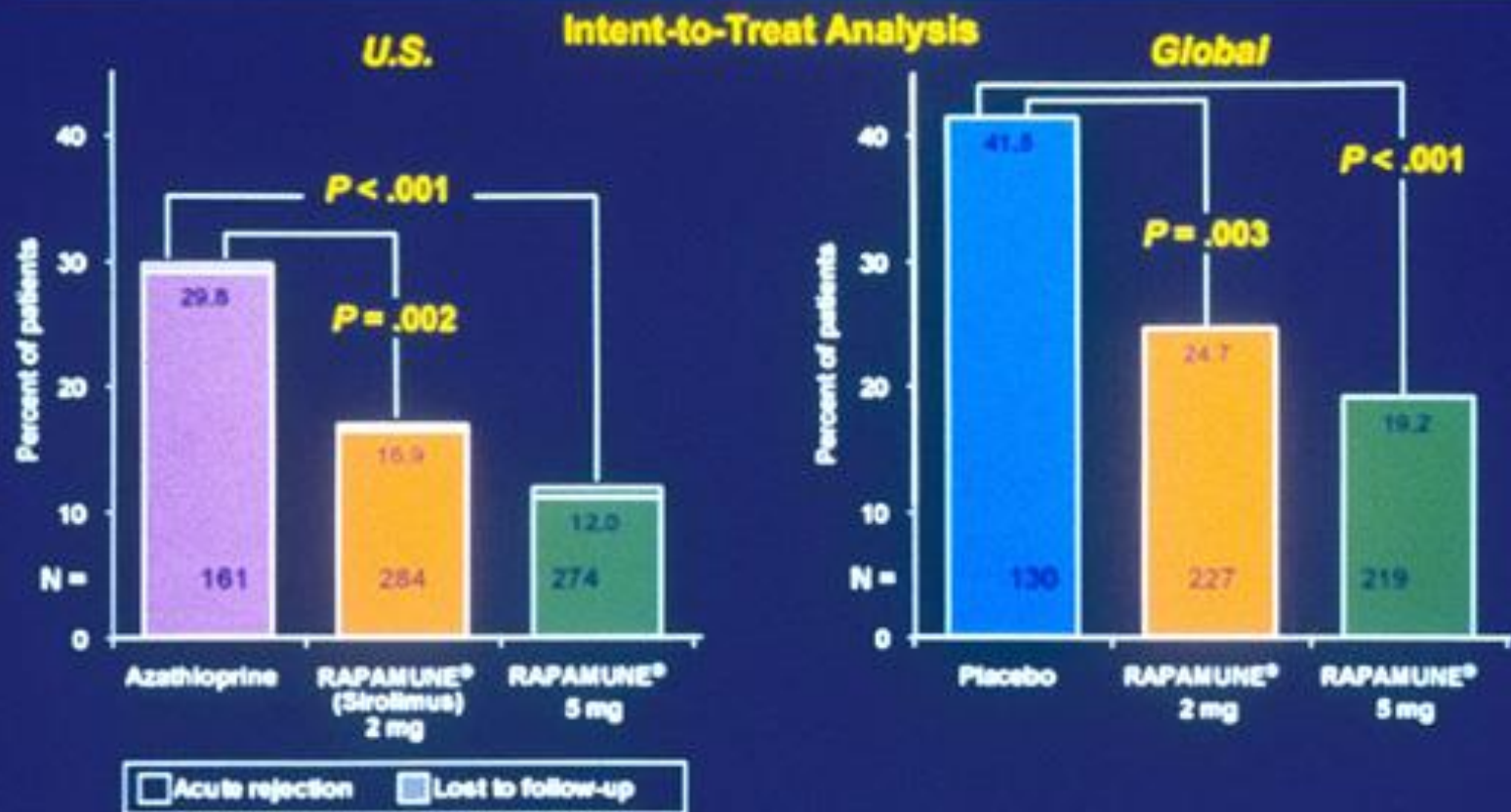


# MMF Toxicity

- ▶ Gastrointestinal
- ▶ Hematologic

# **Sirolimus (Rapamycin)**

# Incidence of First Biopsy-Confirmed Acute Rejection



# Sirolimus Toxicity

- Hypercholesterolemia
- Hypertriglyceridemia
- Thrombocytopenia
- Impaired Wound Healing
- Joint Pain

# Daclizumab (Zenapax)

Humanized (90% human, 10% mouse)  
Induction Agent

# Daclizumab

## Less Rejection

35% → 22%

47% → 28%



# Basiliximab (Simulect)

Chimeric (67% human, 33% mouse)  
Induction Agent

# Basiliximab

## Less Rejection

51% → 35%

51% → 33%

# **Thymoglobulin**

**(rabbit anti-thymocyte globulin)**

# **Alemtuzumab (Campath 1H)**

**Humanized Anti-CD52 Monoclonal Antibody**

**CD52 – T&B Cells, Monocytes, NK Cells**

# Maintenance

Cyclosporine → Tacrolimus

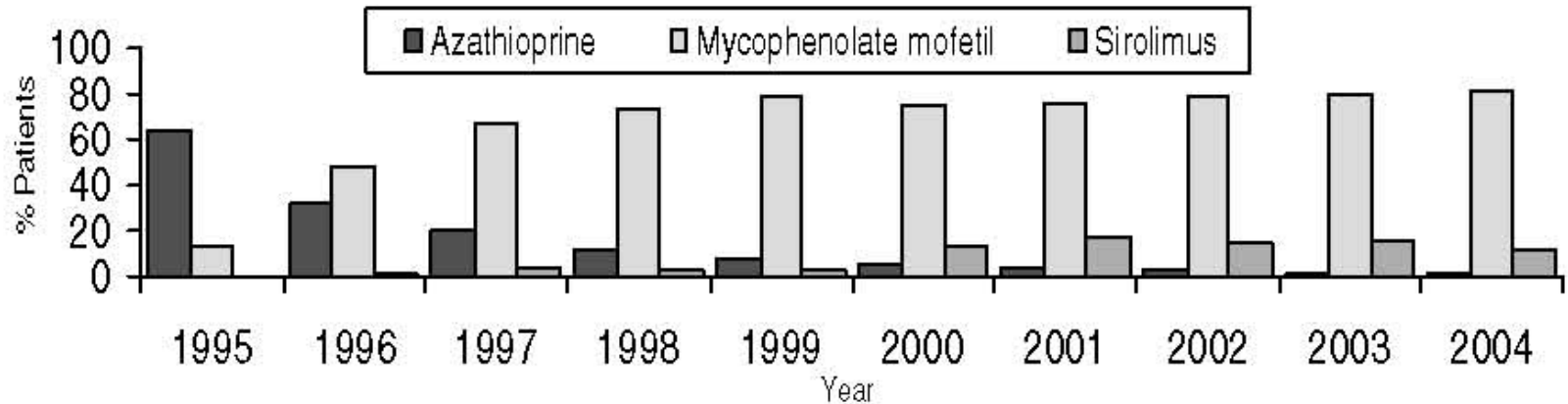
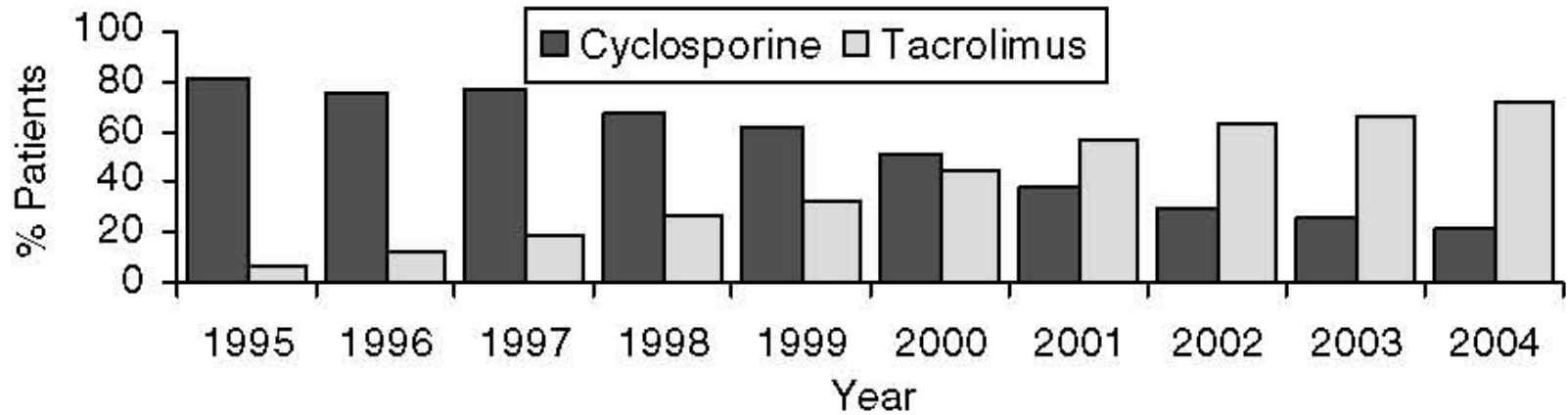
Azathioprine → Mycophenolate

# Maintenance

## Kidney

- Tacrolimus 79%
- Mycophenolate 87%

# Trends in Maintenance Immunosuppression Prior to Discharge for Kidney Transplantation



# Sirolimus

## Kidney

- **At Transplantation**      **9%**
- **At 1 Year**                      **18%**



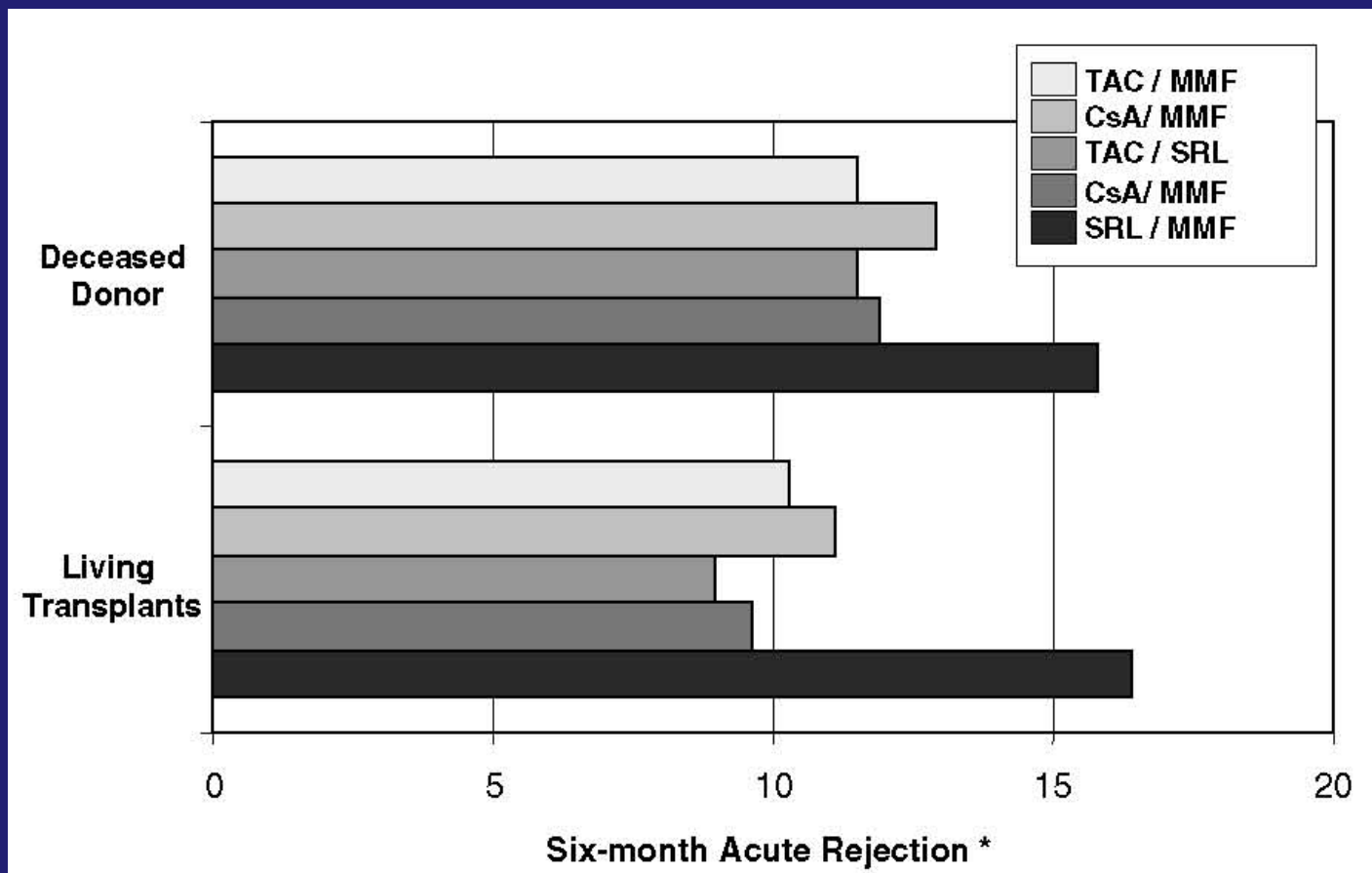
# Calcineurin Inhibitor Avoidance - Remains Uncommon

**Kidney 6%**

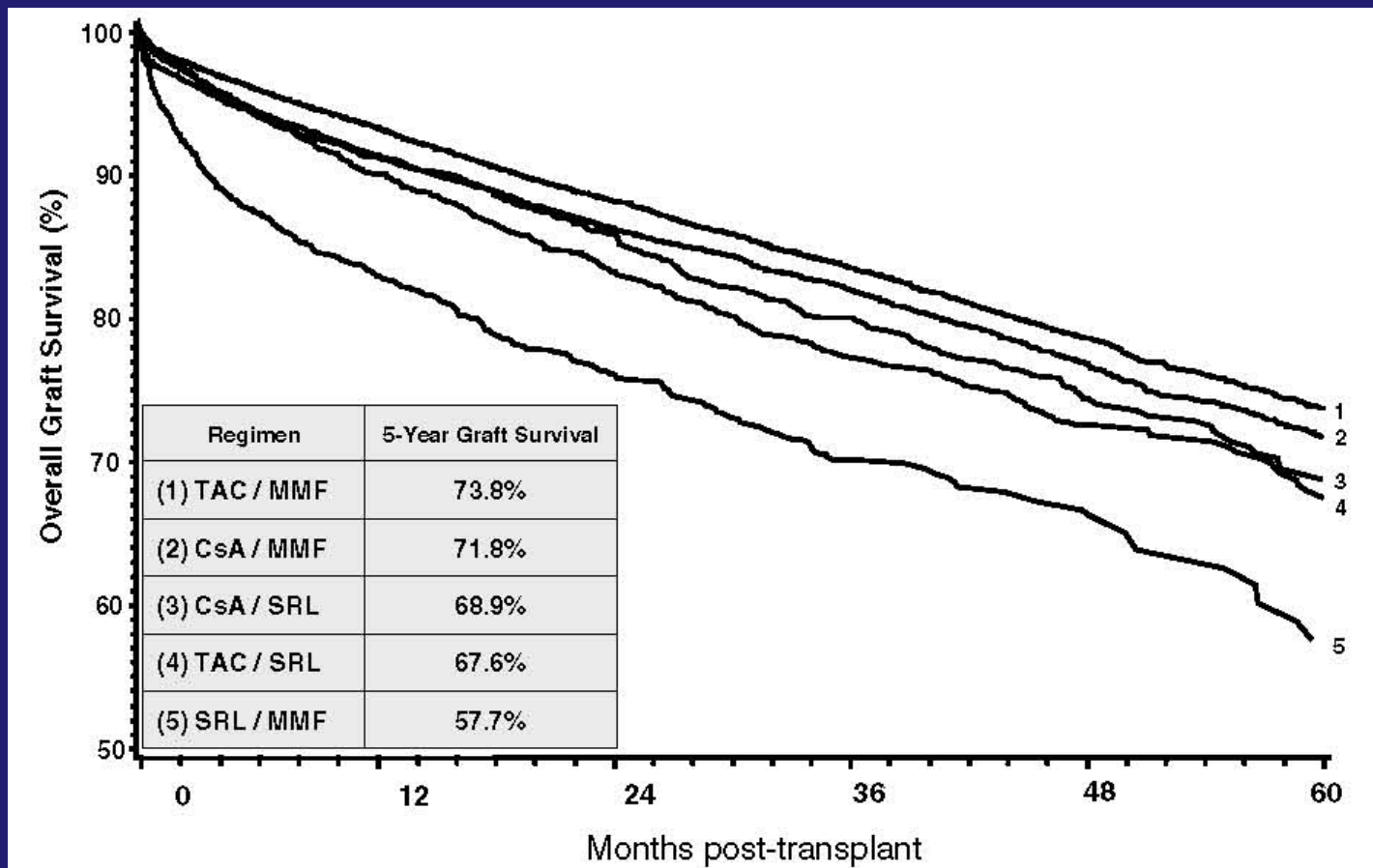
# CNI Elimination - Also Uncommon

**Kidney      1%**

# Six-Month Acute Rejection Rates by Immunosuppressive Regimen



# Overall Graft Survival by Immunosuppressive Regimen for Deceased Donor Transplant Recipients



# **Steroid Avoidance / Near Avoidance**

**Kidney 26%**

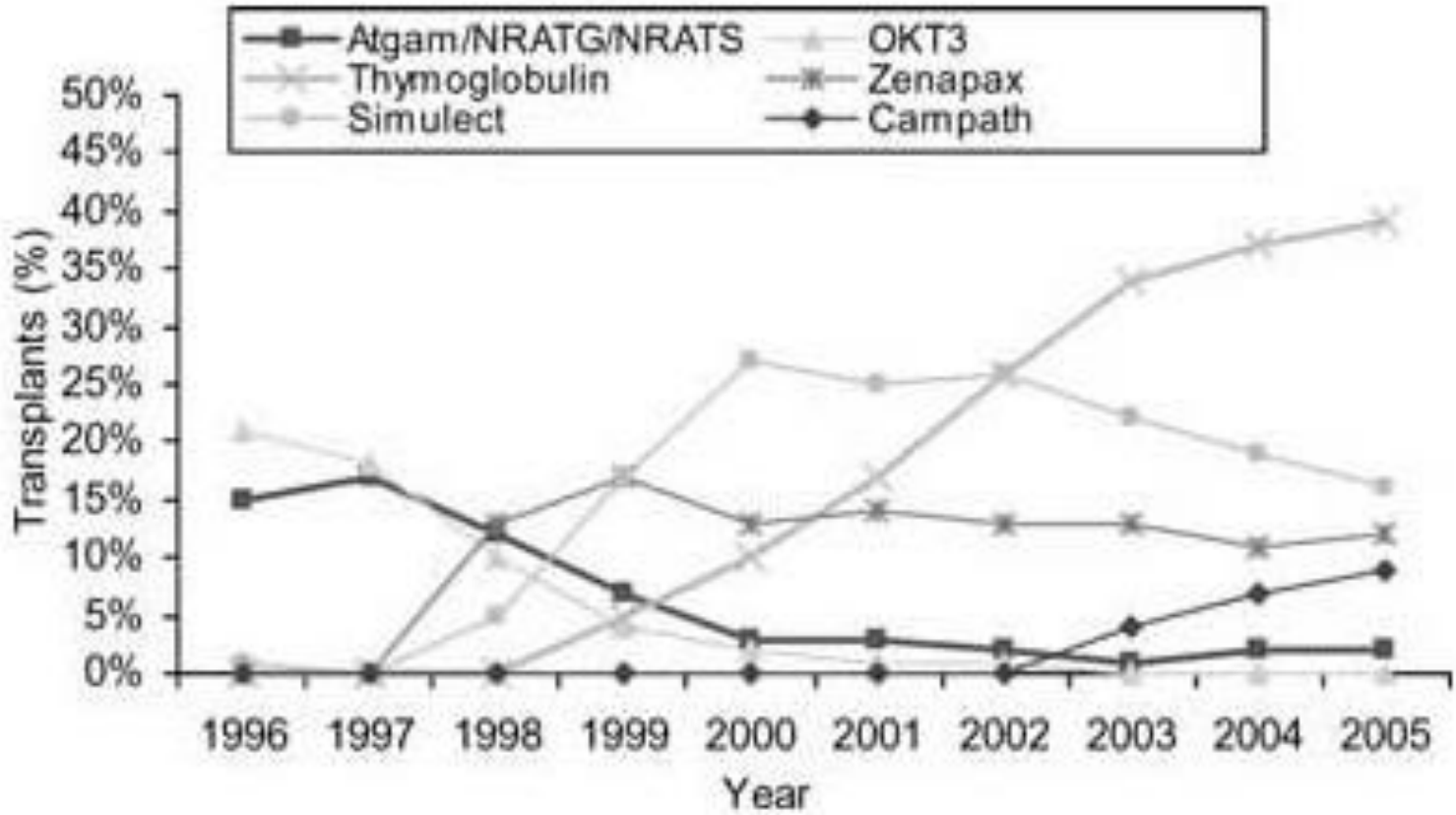
# **Steroid Withdrawal - Increase Over Time**

**Kidney 10%**

# General Trend Toward Increasing use of Antibody Induction

**Kidney 74% ↑**

# Immunosuppressive Agents Used For Induction in Kidney Transplantation





# Acute Rejection – Falling Incidence

**Kidney 12%**

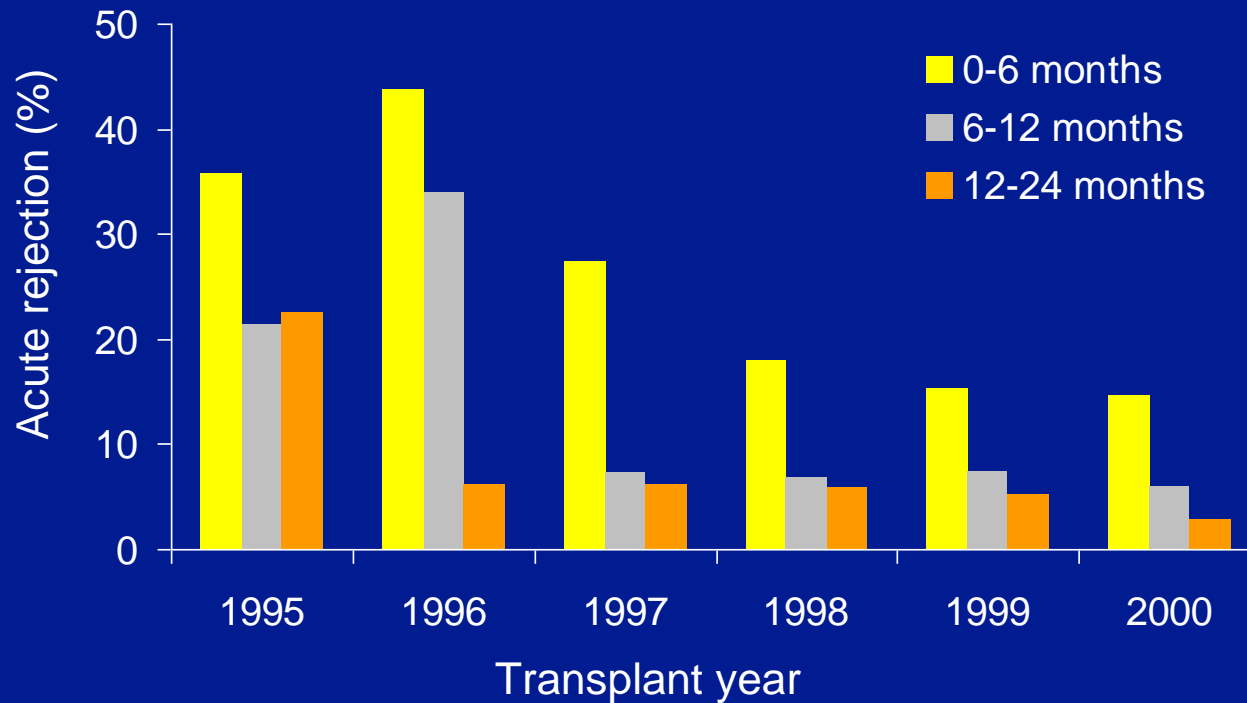
# Treatment of Rejection

## Kidney

- **Steroids** 72%
- **Antibody** 48%

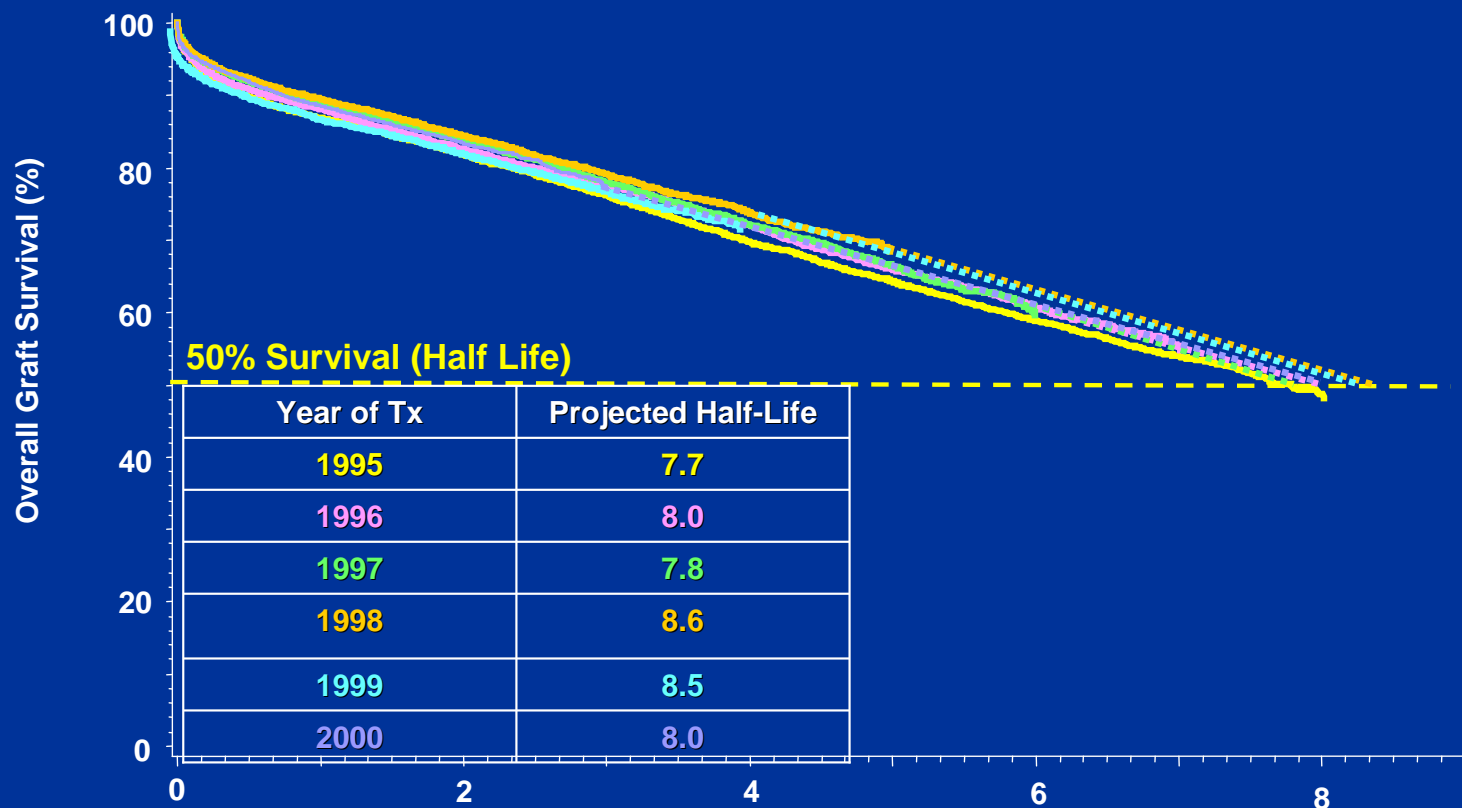
# Decreased incidence of AR episodes from 1995 to 2000

Data from the Scientific Registry of Transplant Recipients (SRTR)



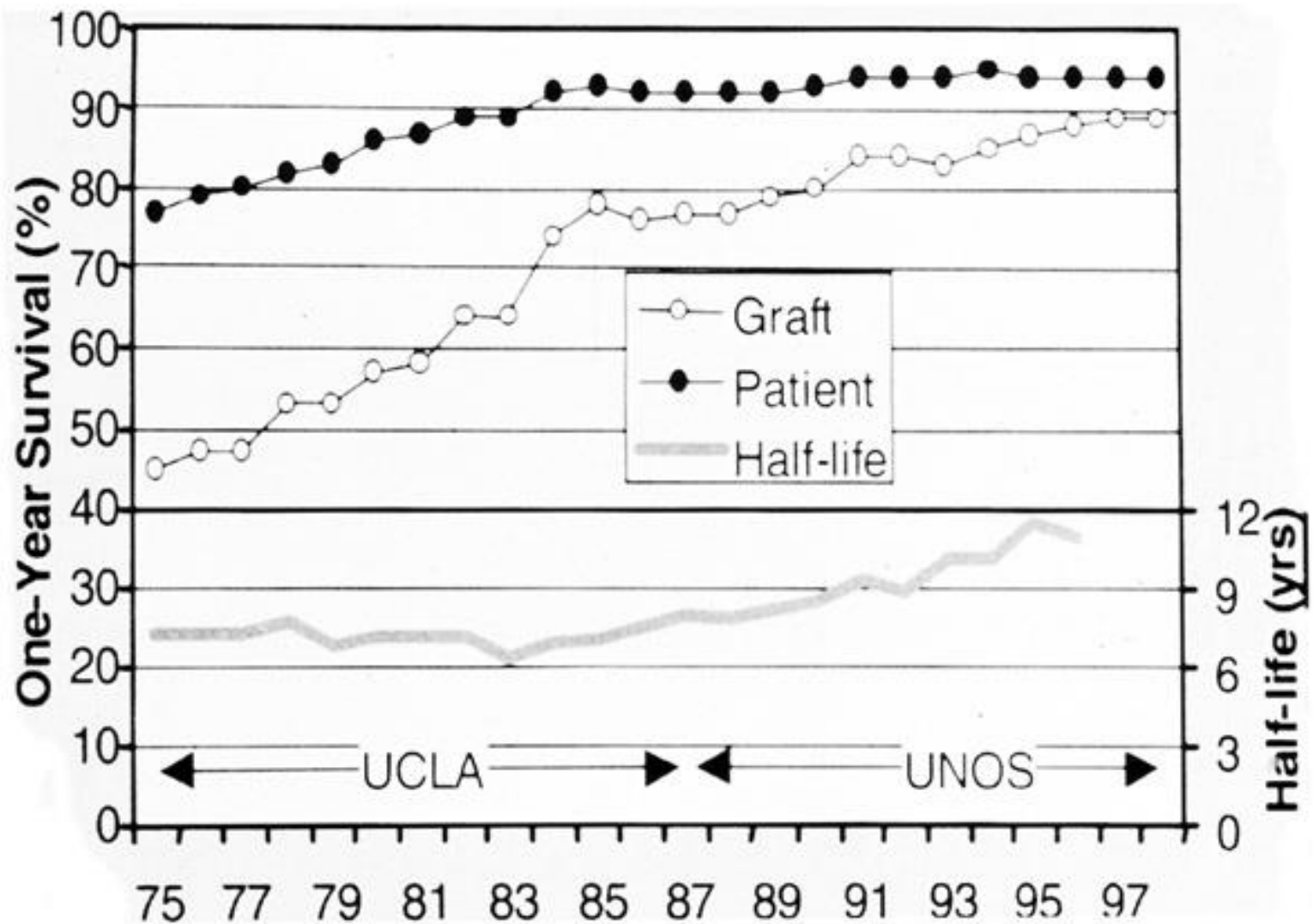
Meier-Kriesche HU et al. *Am J Transplant* 2004; 4:378-83.

# Projected Half Lives: Primary Deceased Donor Transplants 1995-2000

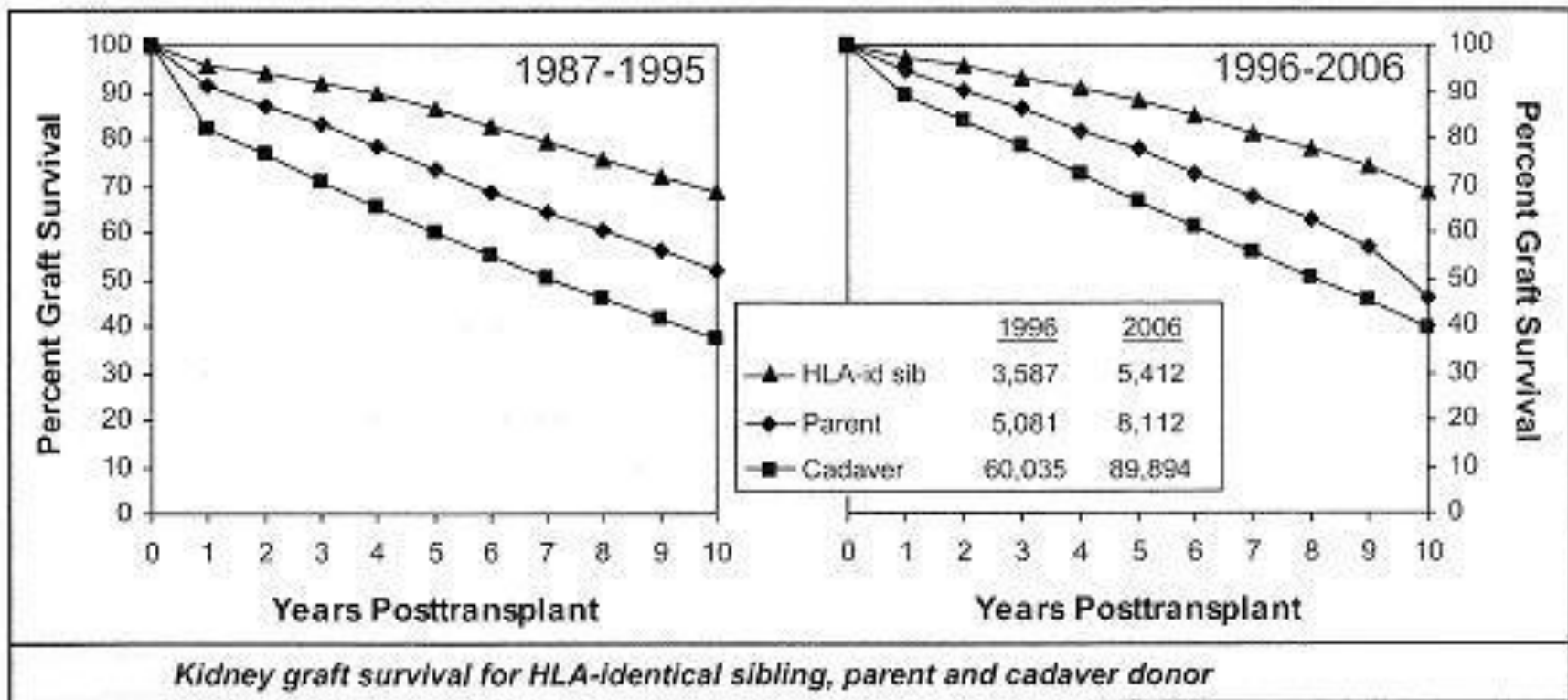


\* Projected from data > 2 year post-tx

Meier-Kriesche et al. *Am J Transplant.* 2004 Mar;4(3)



# Kidney graft survival for HLA-identical sibling, parent and cadaver donor



# Belatacept

Co- stimulation blocker

Approved 06/2011

# 2 Large Registration Trials

SCD/LRD – Benefit

ECD – Benefit Ext



- ▶ SCD/LRD (Benefit)

Comparable 4 year patient & graft survival

More rejection in Belatacept arms

Better renal function – 25ml/min

**7 Years**

**Better graft survival  
in  
Bela patients**

ECD (Benefit – Ext)

Comparable 4 year Patient & Graft  
Survival

No Difference in ACR incidence

Better renal function – 11ml/min

# Big Problem



PTLD in EBV – Patients

Kirk – Alemtuzumab/Belatacept/Sirolimus

No CNI, No Steroids

Excellent 3 Year Patient, Graft Survival in

LD Transplants

10 Patients weaned off Sirolimus

ASKP 1240 (Anti – CD40)

Phase 1B – dose ranging (only one dose)

Well tolerated, No Cytokine release

Phase 2 trial completed

Tofacitinib

JAK3 Inhibitor

Phase 2 B

## (Tofacitinib, Cont'd)

Comparable patient and Graft survival

Comparable rejection

Better renal function

More infection, PTLD

Need for therapeutic Drug Monitoring

?Low Dose (5mg BID vs 10 or 15 mg  
BID)



# Approved for Rheumatoid Arthritis

# Bortezomib

Proteasome inhibitor

Targets Plasma cells

Indicated for Multiple Myeloma

## Bortezomib, Cont'd

Use in antibody – mediated rejection  
(AMR)

With pheresis (and rituximab)

Most Effective - Early,  
Acute AMR in compliant patients

Less Effective Late

? Role in Chronic AMR

No Randomized Trials

Eculizumab

C5 Inhibitor

Approved for PNH, atypical HUS

## Eculizumab cont'd

### Prevention / Treatment acute AMR

- Single Center – Mayo Clinic
- Multicenter trial in progress

## Eculizumab, Cont'd

Prevention of Recurrent Atypical  
HUS after Transplantation

# Tolerance Induction

Louisville/Northwestern

LD Transplantation

Kidney / Bioengineered stem cell  
transplantation

Macrochimerism

Immunosuppression withdrawal at 1 year

No GVHD, No Engraftment syndrome



# CMX – 001

Oral Cidofovir

Broad Anti-Viral Properties

Potential to Prevent / Treat CMV,  
BKV,  
EBV, Etc.

Not Yet Approved by the FDA

# Conclusion

1. Immunosuppressive protocols have evolved over the past 40+ years, as newer, more potent agents have become available.
2. Tacrolimus has largely replaced cyclosporine as the calcineurin inhibitor of choice.
3. Mycophenolate has largely replaced azathioprine as the antimetabolite of choice.

4. The use of sirolimus remains relatively low, although the percentage of patients receiving it increases over the first year after transplantation. Registry data suggest that sirolimus as a primary immunosuppressive agent is associated with inferior outcomes when compared with tacrolimus or cyclosporine.
  
5. There has been a gradual increase in steroid avoidance/near avoidance in kidney transplantation, although it remains < 30%. Steroid withdrawal has also increased over time, but is still carried out in a minority of patients.

6. Antibody Induction has become increasingly common in Kidney Transplantation.
7. The incidence of rejection has declined over time. Steroids still remain the first line therapy for rejection.
8. In spite of a falling incidence of acute rejection, allograft half lives have not improved. This suggests that complacency in our approach to immunosuppression may not be entirely justified.

9. Belatacept is a recently approved costimulation blockade agent that is associated with better renal function but more early rejection, and cannot be used in EBV negative patients.
  
10. ASKP 1240 is a human anti-CD40 Monoclonal antibody. It has just finished phase 2 testing.

11. Tofacitinib is a JAK3 inhibitor that will not enter phase III studies for transplantation. It is effective and not nephrotoxic but associated with infectious complications and PTLD.
  
12. Bortezomib is a proteasome inhibitor that seems to have some efficacy in treating AMR.

13. Eculizumab is a C5 inhibitor that may be effective at preventing/treating AMR and recurrent atypical HUS.
14. A new tolerance induction protocol combining kidney and stem cell transplantation has shown early promising results.
15. CMX – 001 May be the next important anti-viral agent.